



Platte County Memorial
Nursing Home

P.O. Box 1148
Wheatland, WY 82201



PLATTE COUNTY
MEMORIAL NURSING HOME
A Spirit of Love, Respect and Compassion

May 2015

FOLK TALES

Please join us for the Mother's Day Tea
Hosted by the Ladies of Saint Patrick's
Church.

Saturday May 9th at 3pm



E-Newsletter

Would you like an electronic version
of this newsletter? Send your
E-mail address to:

theresa.reddicks@pcmnh.com

Folk Tales is a monthly publication of

Platte County Memorial Nursing Home
204 15th Street
Wheatland, WY 82201

Newsletter Editors: Theresa Reddicks & Sara Powers



Parachute Exercises!
Who said exercise is not fun?

PCMNH Management Team
307-322-6406
E-mail: info@pcmnh.com
Website: www.pcmnh.com

Administrator: Shane Filipi x2264
Director of Nurses: Chris Kennedy, x2236
Activities: Theresa Reddicks, x2271
Business Office: Linda Conrad x2265
Environmental Services: Dean Hensel
Social Services: Josie Goertz x2273
Infection Control: Holly Montgomery, x2478
MDS Coordinator: Michael Crowley x2471
Medical Director: Lauri Palmer, MD

*PCMNH does not discriminate against any person on
the basis of race, color, national origin, disability, or
age in admission, treatment, or participation in its pro-
grams, services & activities, or in employment.*

Spring is here! It is time to help the residents prepare for spring and summer. Due to limited space within each resident's room and the necessary requirement for fire and safety, infection control and housecleaning, we ask each resident to limit their person items as outlined below.

The following is NOT allowed unless approved by the Administrator:

- Empty boxes or suitcases
- Perishable foods more than 2 days old
- Plants that have plant bugs
- Any item that could endanger self or others their safety such as, scissors, knives, screwdrivers, or other sharp instruments unless approved by maintenance or Administrator.
- Heating pads/blankets, extension cords, mattress pads or appliances.
- Throw rugs
- More than six medium sized stuffed animals are not allowed.
- Bar soap

Rotate the seasonal clothing in closets and drawers. Please remove the winter clothes and replace them with spring and summer attire. Remember when bringing in clothing to update the inventory sheet that is on each residents closet door. Mark the residents clothing clearly with a laundry marker, or bring them to Josie in Social Services. If you have any questions or need help contact Josie Lauck, Social Services.

Platte County Hospital District Board of Directors

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Jerry Orr, Secretary

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Bruce Hellbaum

Britt Wilson

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Lori Modesitt

Sandy Meier



Care Plan Schedule

May 7th

10:00 Glen Hall
10:20 Don Querry
10:40 Fannie Querry
11:00 Shirley Potts
11:20 Florence Smith
11:40 Wayne Reed

May 14th

10:00 Rose Mendenhall
10:20 Edna Ryff
10:40 Sigrid See
11:00

May 21st

10:00 Randy Bailey
10:20 Lela Gorsuch
10:40 Shorty Wilson
11:00 Iola Pile

May 28th

10:00 Ruth Irvine
10:20 Dan McGuire
10:40 Edna Sprague

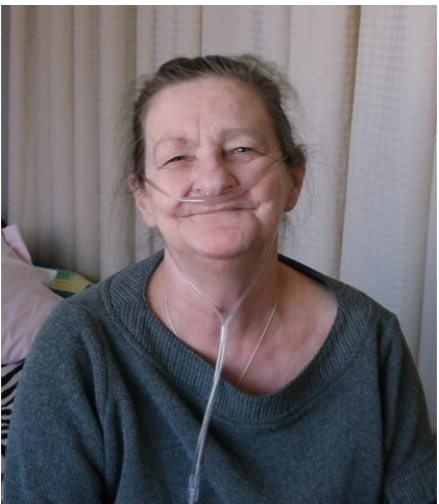
June 4th

10:00 Cindy Bishop
10:20 Betty Hobbs
10:40 Helen Rutherford
11:00 Ruth Lock



**Remember if you don't feel well
DON'T visit, stay home.**
If you have a question or a concern
about your loved one call and visit
with the charge nurse or call **Holly at
322 6406 ex 2678**

**GOOD HAND WASHING
KEEPS US HEALTHY!**



Resident of the Month Cindy Bishop

Cindy was born in Roswell New Mexico on July 15, 1958. Her parents were Betty (Piltcher) and Alvin Wilhelm. She lived in New Mexico, moving to Wyoming when she was in third grade. Cindy graduated from Wheatland High School. She was married twice, her 2nd husband has passed away. They enjoyed socializing with friends and taking drives into the mountains. While her husband fished, Cindy would sunbathe.

Cindy cleaned houses and the Commodore Bar for 20 years. She was forced into retirement due to medical reasons.

Cindy loves to read and enjoys watching TV. Her favorite activity is watching the birds in the aviary. She has named each one. The birds love Cindy to, and perk up whenever she comes near the aviary.

Mandarin Orange Cake Recipe

1 yellow cake mix
11 ounce can mandarin oranges
4 egg whites
1/2 cup unsweetened applesauce
Combine ingredients and spread in sprayed 13/9" pan. Bake in 350 degree oven for 25 minutes

Cool

Spread on prepared topping, refrigerate for one hour before serving

Topping:
20 ounce can crushed pineapple
3 ounce box instant vanilla pudding
8 ounces cool whip



I found this poem the other day and thought it was wonderful. I hope you enjoy it. A Poem by Ernest Barkaway (90 years old)

They say that I am growing old; I've heard them say times untold,
In language plain and bold—but I am not growing old.
This frail old shell in which I dwell is growing old, I know full well!!
But I am not the shell.

What if my hair is turning gray; gray hairs are honorable they say.
What if my eyesight's growing dim; I still can see to follow Him
Who sacrificed His life for me—upon the Cross at Calvary!

Why should I care if time's old plough has left its furrow on my brow?
Another house, not made with hands awaits me in the Glory Land.
What thought I falter in my walk and though my tongue refuse to talk?
I still can tread the narrow way; I still can watch and praise and pray!
The robe of flesh I'll drop and rise to seize the everlasting prize.
I'll meet you on the streets of gold and prove I am NOT growing old.





May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Manicures 9:30am Bingo & Popcorn 2pm Snacks & Fun 3pm	2 Horse Races 10am Movie 2pm
3 Movie 10am Church Service 4pm Jason Crossman	4 Resident Council 10am Times to Remember 2pm Snacks & Fun 3pm	5 Music:Luanne 10am Bowling 2pm Snacks & Mind Teasers 3pm	6 Nurses Day Hug a Nurse! Breakfast Group 8am Bible Study 11am Bingo 2pm Snacks & Trivia 3pm	7 Ball Exercise 10:30am Music: Nita 11am Crafts 2pm Snacks & Fun 3pm	8 Manicures 9:30am Bingo & Popcorn 2pm Snacks & Reminisce 3pm	9 Mother's Day Tea Party 3pm 
10 Mother's Day Movie 10am Church Service 2pm Adam Lovett 	11 Exercise Games 10:30am Yahtzee 2pm Snacks & Fun 3pm	12 Music:Luanne 10am Ice Cream Social 2:30pm  Supper 5pm Dance 6:30pm	13 Wild Bunch Breakfast 8am Bible Study 11am Bingo 2pm Snacks & Trivia 3pm Hat Day 	14 Joints in Motion 10:30am Music: Nita 11am Crafts 2pm Snacks & Fun 3pm	15 Manicures 9:30am Bingo & Popcorn 2pm Snacks & Reminisce 3pm	16 Music with Pat & Johnny 10am Movie 2pm
17 Movie 10am Church Service 2pm Dale Smith	18 Bowling 10am Times to Remember 2pm Snacks & Fun 3pm	19 Music:Luanne 10am Games 2pm Snacks & Mind Teasers 3pm	20 Breakfast Group 8am Bible Study 11am Bingo 2pm Snacks & Trivia 3pm	21 Ball Exercise 10:30am Music: Nita 11am Games 2pm Snacks & Fun 3pm	22 Manicures 9:30am Bingo & Popcorn 2pm Snacks & Reminisce 3pm	23 Horse Races 10am Movie 2pm
24 Movie 10am Church Service 2pm Josh Bruns 25..... Movie 10am Church Service 2pm Lori Modesitt	25 No Scheduled Activities  MEMORIAL DAY	26 Music with Pat & Johnny 10am Bowling 2pm Snacks & Music 3pm	27 Bible Study 11am Bingo 2pm Snacks & Trivia 3pm	28 Ball Exercise 10:30am Music: Nita 11am Crafts 2pm Snacks & Fun 3pm	29 Manicures 9:30am Bingo & Popcorn 2pm Snacks & Reminisce 3pm	30 Horse Races 10am Movie 2pm

Employee of the Month Jenelle Huber, CNA



Everyday Hero

The Qualities of the Everyday Hero are:

- Positive Attitude
- Supports your crew
- Great Attendance
- Making Someone's Day
- Resident and Staff Safety Conscious
- Accurate and appropriate documentation

Jenelle was born on August 21 in Casper, WY. She has one older brother. Jenelle's family moved to Wheatland when she was four. She plans on returning to college to complete her education in Elementary Education. She would like to teach English as a secondary language to elementary school children.

Jenelle loves to paint and draw she has just completed a mural at the Celtic Willow. When your are in town you should check it out.

Working with the residents at the nursing home brightens her day especially when they share their stories or ask funny questions.



New Employees

Zachary Bell Dietary Assistant

Marisha Isgrigg Housekeeping



It's Party Time! Bring on the Fiesta!

The week of Mother's Day begins the annual National Nursing Home Week celebration, an event promoted by the American Health Care Association. The theme of the week is "Bring on the Fiesta!"

Each time you participate in a Nursing Home Week activity, your name will be placed in a drawing for Chamber Bucks!

Monday May 11th: P.J.'s & Breakfast

Wear your P.J.'s to work and have Breakfast @ 6:30am-9:00am or Fried chicken @ 4:00pm

Tuesday May 12th: Ice Cream Social

BWP will host an ice cream bar at 2:30pm

Wednesday May 13th: Hat Day & Taco Bar

Wear your favorite hat and come have a taco! 10am-2pm

Thursday May 14th: Throwback Thursday & Baby Pictures

Wear your "throw back" in time clothes & bring in a baby picture no later than Monday the 11th. and guess who is who

Friday May 15th: Fancy Friday & Fizzy Drinks

Dress "Fancy" and BWP will provide "Fizzy" Drinks @ 2:30pm



Lizette Campos May 20th